

Site Name: Lough Forbes Complex SAC

Site Code: 001818

This site consists of a number of different habitats, and is centred around Lough Forbes, a lake formed by a broadening of the River Shannon. As well as the lake itself, there is also a series of raised bogs, callow grasslands and a variety of other aquatic and terrestrial habitats to the west of Newtown Forbes on the Longford/Roscommon boundary.

The site is a Special Area of Conservation (SAC) selected for the following habitats and/or species listed on Annex I / II of the E.U. Habitats Directive (* = priority; numbers in brackets are Natura 2000 codes):

[3150] Natural Eutrophic Lakes

[7110] Raised Bog (Active)*

[7120] Degraded Raised Bog

[7150] Rhynchosporion Vegetation

[91E0] Alluvial Forests*

Active raised bog comprises areas of high bog that are wet and actively peatforming, where the percentage cover of bog mosses (*Sphagnum* spp.) is high, and
where some or all of the following features occur: hummocks, pools, wet flats, *Sphagnum* lawns, flushes and soaks. Degraded raised bog corresponds to those areas
of high bog whose hydrology has been adversely affected by peat cutting, drainage
and other land use activities, but which are capable of regeneration. The
Rhynchosporion habitat occurs in wet depressions, pool edges and erosion channels
where the vegetation includes White Beak-sedge (*Rhynchospora alba*) and/or Brown
Beak-sedge (*R. fusca*), and at least some of the following associated species, Bog
Asphodel (*Narthecium ossifragum*), sundews (*Drosera* spp.), Deergrass (*Scirpus cespitosus*) and Carnation Sedge (*Carex panicea*).

The raised bogs, located on the south-eastern shore of Lough Forbes, are known as the Ballykenny-Fishertown complex. These bogs are of international importance as unique examples of Shannon River edge bogs and they are also the most northerly intact bogs adjacent to the River Shannon. The central core areas of the bogs are quite wet and spongy, with a good complement of bog mosses and well developed hummocks. Ballykenny Bog is unusual in that some of its margins are intact, a rare feature in the Irish midlands. Between the Camlin River and this bog, a complete transition from raised bog to callow grasslands can be seen, while the interface between the bog and lake is colonised by a narrow band of deciduous woodland.

In the wetter areas of the bog surface, Rhynchosporion vegetation is sometimes found. Sphagnum cuspidatum is frequent, along with Bogbean (Menyanthes trifoliata), White Beak-sedge and Common Cottongrass (Eriophorum angustifolium). The relatively rare Brown Beak-sedge has also been recorded. Degraded raised bog is largely confined to the marginal areas of uncut high bog where drainage effects from adjoining turbary are most pronounced. The plant species composition of degraded raised bog is generally similar to that of active raised bog, however species typical of very wet bog conditions are either much reduced in abundance or absent. In general, the most frequent vascular species are Deergrass, Common Cottongrass, Hare's-tail Cottongrass (E. vaginatum), Heather (Calluna vulgaris), Cross-leaved Heath (Erica tetralix), Bog Asphodel and Carnation Sedge. The most frequent lower plant species present are the lichen Cladonia portentosa and the mosses Hypnum cupressiforme and Sphagnum capillifolium.

Lough Forbes is a medium sized lake underlain by limestone. It has extensive swamps of Common Reed (*Phragmites australis*) which provide good cover for wildfowl, although numbers have declined recently, possibly due to the increase in cruisers and other pleasure boats. Freshwater marshes are also a common feature along the lakeshore. These areas contain a good diversity of aquatic and emergent vegetation, comprised of species such as sedges (*Carex vesicaria*, *C. rostrata and C. acuta*), Bogbean, Common Spike-rush (*Eleocharis palustris*), Fine-leaved Waterdropwort (*Oenanthe aquatica*), Water Plantain (*Alisma plantago-aquatica*), Cowbane (*Cicuta virosa*), Common Club-rush (*Scirpus lacustris*) and Reed Canary-grass (*Phalaris arundinacea*).

The site contains extensive areas of woodland. The wet woodland types present include willow woodland, Ash-Alder woodland on slightly higher ground, Ash-oak woodland at the highest levels and birch woodlands on dried-out or cut-away bog. The principal woodland type, however, is a drier mixed oak-Ash woodland. The total area of woodland within the SAC is estimated at over 170 ha, of which at least 40 ha are alluvial woodland. Several individual woodlands exceed 40 ha and there is good continuity. There is little woodland on the Roscommon side of the lough. The majority of the woodland within the SAC is recorded as having been present in part or in full on the 1st edition Ordnance Survey maps from the 1840s. These may be considered therefore as potentially ancient or long-established woodlands, a conclusion reinforced by the presence of a number of relatively rare species and ancient woodland indicator species.

The dry Pedunculate Oak (*Quercus robur*) – Ash (*Fraxinus excelsior*) woodland is dominated by Pedunculate Oak and Ash, up to 20 m tall, with occasional Alder (*Alnus glutinosa*), Rowan (*Sorbus aucuparia*) and Yew (*Taxus baccata*), as well as a variety of exotic species, principally Sycamore (*Acer pseudoplatanus*), Beech (*Fagus sylvatica*) and lime (*Tilia* sp.). The shrub layer is variable in cover and species, with Hazel (*Corylus avellana*), Holly (*Ilex aquifolium*), Hawthorn (*Crataegus monogyna*), Spindle (*Eunoymus europaea*), willows (*Salix caprea* and *S. cinerea* subsp. *oleifolia*) and the relatively rare species Bird Cherry (*Prunus padus*), Buckthorn (*Rhamnus catharticus*) and Alder Buckthorn (*Frangula alnus*). The introduced and invasive

Cherry Laurel (*Prunus laurocerasus*) and Rhododendron (*Rhododendron ponticum*) are locally abundant. The herb layer consists of Bramble (*Rubus fruticosus* agg.), Enchanter's-nightshade (*Circaea lutetiana*), violet (*Viola* sp.), Bluebell (*Hyacinthoides non-scripta*) and several species of ferns, e.g. *Dryopteris filix-mas*, *D. affine*, *D. dilatata* and *Polystichum setiferum*.

Areas of birch woodland are dominated by birch, occasional Alder on more base-rich sites, Rowan, Holly and Scots Pine (*Pinus sylvestris*). Rhododendron forms thickets in some stands. The herb layer is relatively species-poor with Bramble, Purple Moorgrass (*Molinia caerulea*), Bracken (*Pteridium aquilinum*), Wood-sorrel (*Oxalis acetosella*) and abundant mosses, e.g. *Polytrichum* species.

Extensive areas of alluvial woodland fringe the shores of Lough Forbes and the Shannon, as well as extending along some of the tributaries. Three main types occur: willow woodlands, Alder-Ash woodlands and Ash-oak woodlands.

The willow woodland stands are generally found fringing the rivers and lake, and are usually quite narrow due to the hilly/boggy landscape which tends to rise steeply from the river. This results in a mostly narrow floodplain, but in places, lower lying ground may be flooded at times of high water levels. These woodlands are generally structurally complex stands of multi-stemmed Rusty Willow (*Salix cinerea* subsp. *oleifolia*), up to 8 m tall, where the roots are in permanently waterlogged, acidic to neutral, base-rich silty soils. Birch (*Betula* sp.) and Alder are occasional. A thin shrub layer of Hawthorn may be present in drier locations. Ivy (*Hedera helix*) and Bramble occur only in small amounts. The field layer consists of tall herbaceous species such as Reed Canary-grass, Yellow Loosestrife (*Lysimachia vulgaris*), Purple Loosestrife (*Lythrum salicaria*), Meadowsweet (*Filipendula ulmaria*), Marsh Ragwort (*Senecio aquaticus*), Yellow Iris (*Iris pseudacorus*) and Marsh-marigold (*Caltha palustris*). The moss layer is poorly developed with just a scattering of species such as *Rhizonmium punctatum* and *Mnium hornum*.

Alder-Ash woodland is the most extensive type of alluvial woodland at this site. This community occurs behind the willow woodland on slightly more elevated land that nonetheless is regularly flooded. The main canopy species are Alder and Ash, with occasional Pedunculate Oak, birch and Sycamore. Rusty Willow and Hawthorn are the principal shrub species, with a small amount of Guelder-rose (*Viburnum opulus*), Bird Cherry and Hazel. The herb flora is species-rich and is dominated by Meadowsweet, with Remote Sedge (*Carex remota*) and Golden Saxifrage (*Chrysosplenium oppositifolia*). Geophytes include Bluebell and Lesser Celandine (*Ranunculus ficaria*). Other characteristic species include Ivy, Enchanter's-nightshade, Reed Canary-grass, Yellow Iris, Cuckooflower (*Cardamine pratensis*), Yellow Loosestrife and Broad Buckler-fern (*Dryopteris dilatata*). Where grazing occurs, Creeping Bent (*Agrostis stoloniifera*) is abundant. The moss layer is mostly poorly developed, with *Thamnobryum alopecurum*, *Calliergonella cuspidata* and *Conocephalum conicum* being the most frequent species. The rare Elongated Sedge (*Carex elongata*) occurs locally.

Ash-Pedunculate Oak alluvial woodland occurs behind the Alder-Ash woodland where the land is subject to occasional flooding or where the water-table is high. Ash and Pedunculate Oak are the dominant canopy species, with occasional Sycamore, Beech and Horse-chestnut (*Aesculus hippocastanum*). The shrub layer is formed chiefly from Hazel, with Elder (*Sambucus nigra*), Hawthorn and occasional Bird Cherry, along with regenerating Ash and Sycamore. It is essentially a wetter version of the Oak-Ash woodland described above, but the field layer is characterised by moisture-loving species such as Golden Saxifrage, Remote Sedge, Wood-sedge (*Carex sylvatica*) and Bugle (*Ajuga reptans*). While the field layer is diverse and species-rich, the moss layer is only moderately developed, the most common species being *Thamnobryum alopecurum*, *Thuidium tamariscinum* and *Rhytidiadelpus triquetrus*.

Areas of callows (winter-flooded grassland) along the Camlin River are also included within this site. Like the internationally important Shannon Callows, these wet grasslands are included for their botanical interest as well as for the waterbirds that they support. Both Lough Forbes and the callow grasslands provide good habitat for a range of wintering waterfowl species though most occur in relatively low numbers. Counts in two of the winters in the 1995/96 to 1999/00 period are as follows: Cormorant (51), Whooper Swan (40), Wigeon (419), Teal (444), Shoveler (6), Tufted Duck (49) and Goldeneye (11). The bogs were formerly used by part of the Loughs Kilglass and Forbes Greenland White-fronted Goose wintering population, but these appear to have now been abandoned in favour of grassland sites elsewhere. Merlin has been recorded within the site and may nest. Whooper Swan and Merlin are listed on Annex I of the E.U. Birds Directive. Red Grouse are known from the bogs. Red Grouse is a Red Listed species in Ireland as it has declined in numbers in recent decades.

The raised bogs are vulnerable to water loss from peat-cutting and drainage, though ongoing restoration work involving blocking of drains is occurring. There are no known threats to the wintering birds though the increased use of the River Shannon system by leisure craft could cause disturbance.

The importance of the Lough Forbes site lies in its excellent diversity of habitats, some of which, for example the raised bogs, are rare and threatened. The site is also of ornithological importance for its wintering waterfowl, breeding Merlin and Red Grouse. The presence of Whooper Swan and Merlin is of particular note as these species are listed on Annex I of the E.U. Birds Directive.