

Site Name: Lough Ree SAC

Site Code: 000440

Lough Ree is the third largest lake in Ireland and is situated in an ice-deepened depression in Carboniferous limestone on the River Shannon system between Lanesborough and Athlone. The site spans Counties Longford, Roscommon and Westmeath. Some of its features (including the islands) are based on glacial drift. It has a very long, indented shoreline and hence has many sheltered bays. Although the main habitat, by area, is the lake itself, interesting shoreline, terrestrial and semi-aquatic habitats also occur.

The site is a Special Area of Conservation (SAC) selected for the following habitats and/or species listed on Annex I / II of the E.U. Habitats Directive (* = priority; numbers in brackets are Natura 2000 codes):

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| [3150] Natural Eutrophic Lakes |
| [6210] Orchid-rich Calcareous Grassland* |
| [7110] Active Raised Bog* |
| [7120] Degraded Raised Bog |
| [7230] Alkaline Fens |
| [8240] Limestone Pavement* |
| [91D0] Bog Woodland* |
| [91E0] Alluvial Forests* |
| [1355] Otter (<i>Lutra lutra</i>) |

The greater part of Lough Ree is less than 10 m in depth, but there are six deep troughs running from north to south, reaching a maximum depth of about 36 m just west of Inchmore. The lake has been classified as mesotrophic in quality, but the size of the system means that a range of conditions prevail depending upon, for example, rock type. This gives rise to local variations in nutrient status and pH, which in turn results in variations in the phytoplankton and macrophyte flora. Therefore species indicative of oligotrophic, mesotrophic, eutrophic and base-rich situations occur. The water of Lough Ree tends to be strongly peat-stained, restricting macrophytes to depths of less than 2 m, and as a consequence, macrophytes are restricted to sheltered bays, where a typical Shannon flora occurs. Species present include Intermediate Bladderwort (*Utricularia intermedia*), pondweeds (*Potamogeton* spp.), Quillwort (*Isoetes lacustris*), Greater Duckweed (*Spirodela polyrhiza*), stoneworts (*Chara* spp., including *C. pedunculata*) and Arrowhead (*Sagittaria sagittifolia*). The latter is a scarce species which is almost confined in its occurrence to the Shannon Basin.

Reedbeds of Common Reed (*Phragmites australis*) are an extensive habitat in a number of more sheltered places around the lake, but single-species 'swamps' consisting of such species as Common Club-rush (*Scirpus lacustris*), Slender Sedge (*Carex lasiocarpa*), Great Fen-sedge (*Cladium mariscus*) and two scarce species of sedge (*Carex appropinquata* and *C. elata*) also occur in suitable places. Some of these grade up into species-rich alkaline fen with Black Bog-rush (*Schoenus nigricans*) and Whorl-grass (*Catabrosa aquatica*), or freshwater marsh with abundant Water Dock (*Rumex hydrolapathum*) and Hemp-agrimony (*Eupatorium cannabinum*).

Lowland wet grassland is found in abundance around the shore and occurs in two types. One is 'callowland', grassland which floods in winter. This provides feeding for winter waterfowl and breeding waders. The other is an unusual community on stony wet lake shore which is found in many places around the lake, and is characterized by Water Germander (*Teucrium scordium*), a scarce plant species almost confined to this lake and Lough Derg.

Dry calcareous grassland occurs scattered around the lake shore. This supports typical species such as Yellow-wort (*Blackstonia perfoliata*), Carlina Thistle (*Carlina vulgaris*) and Quaking-grass (*Briza media*). Orchids also feature in this habitat e.g. Bee Orchid (*Ophrys apifera*) and Common Spotted-orchid (*Dactylorhiza fuchsii*).

Limestone pavement occurs occasionally around the lake shore. The most substantial area is at Rathcline in the extreme north-east. While this has been planted with commercial forestry since the 1950s, it still displays a diverse representation of pavement types, from the typical clint-gryke system to large blocky pavements and scattered boulders. In all cases the pavement is covered by a bryophyte-rich flora, with abundant Ivy (*Hedera helix*), and a scrub layer dominated by Ash (*Fraxinus excelsior*), Hazel (*Corylus avellana*) and some Spindle (*Euonymus europaeus*). The ground flora is variable, though in places it is species-rich.

Dry broadleaved semi-natural woodland occurs in several places around the lake, most notably at St John's Wood and on Hare Island. St John's Wood is recognised as the largest and most natural woodland in the Midlands. Its canopy is dominated by Hazel, Pedunculate Oak (*Quercus robur*), Holly (*Ilex aquifolium*) and Ash, but a range of other trees and shrubs occur, including Wych Elm (*Ulmus glabra*), Yew (*Taxus baccata*), Wild Cherry (*Prunus avium*) and Irish Whitebeam (*Sorbus hibernica*). The ground flora of St John's Wood is species-rich, and is remarkable for the presence of two species, Toothwort (*Lathraea squamaria*) and Bird's-nest Orchid (*Neottia nidus-avis*), which tend to occur in sites with a long history of uninterrupted woodland cover. The tree species composition on Hare Island is similar to that in St John's Wood, with additional non-native species such as Sycamore (*Acer pseudoplatanus*) and Beech (*Fagus sylvatica*). This wood also has an exceptionally rich ground flora. Some of the smaller areas of woodland around Lough Ree are mixed woodland with a high percentage of exotics such as Beech. Some areas of well-developed Hazel scrub also occur.

At St John's Wood, patches of wet alluvial woodland are present along the lakeshore. They are dominated by Ash, Grey Willow (*Salix cinerea*), Alder (*Alnus glutinosa*) and, in places, Downy Birch (*Betula pubescens*). The ground flora includes Creeping Bent (*Agrostis stolonifera*), Wild Angelica (*Angelica sylvestris*), Meadowsweet (*Filipendula ulmaria*), Common Marsh-bedstraw (*Galium palustre*), Yellow Iris (*Iris pseudacorus*), Gipsywort (*Lycopus europaeus*), Water Mint (*Mentha aquatica*), Reed Canary-grass (*Phalaris arundinacea*), Creeping Buttercup (*Ranunculus repens*) and Wood Dock (*Rumex sanguineus*). Pockets of wet woodland occur elsewhere around the lake. Most of these are dominated by willows (*Salix* spp.), Alder and Downy Birch. In one such wood, at Ross Lough, the terrestrial alga, *Trentopohlia* sp., has a specialised niche on the willow trunks. The ground layer has a rich bryophyte flora (*Calliergon* spp. and *Sphagnum* spp.), scattered clumps of Greater Tussock-sedge (*Carex paniculata*) and a good diversity of herb species, including Water Dock and Fen Bedstraw (*Galium uliginosum*).

Small examples of raised bog occur, which are of interest in that they show a natural transition through wet woodland and/or swamp to lakeshore habitats. Active Raised Bog (ARB) habitat comprises areas of high bog that are wet and actively peat-forming, where the percentage cover of bog mosses (*Sphagnum* spp.) is high, and where some or all of the following features occur: hummocks, pools, wet flats, *Sphagnum* lawns, flushes and soaks. Results from surveys of the raised bog habitat in 2003 indicate the presence of 5.9 ha of Active Raised Bog (ARB). Also present are examples of Degraded Raised Bog (DRB) capable of regeneration. In general the vegetation of these degraded areas is dominated by typical raised bog species such as Cross-leaved Heath (*Erica tetralix*), Heather (*Calluna vulgaris*), Hare's-tail Cottongrass (*Eriophorum vaginatum*), Bog Asphodel (*Narthecium ossifragum*) and Deergrass (*Scirpus cespitosus*). Typically the degraded bog areas have a low cover of peat-forming bog mosses (*Sphagnum* spp.). The current extent of DRB as estimated using a recently developed hydrological modelling technique, based largely on Light Detection And Ranging (LiDAR) data, is 44.7 ha.

Associated with the extensive raised bog system at Clooncraff/Clonlarge are areas of bog woodland. At least two small areas of woodland occur on the raised bog domes. However it would appear that this habitat is in the early stages of development. The largest area is dominated by low trees of Downy Birch and Lodgepole Pine (*Pinus contorta*). Occasional trees of Scots Pine (*Pinus sylvestris*) also occur. The ground layer is wet and quaking with a lush carpet of mosses present, including various species of *Sphagnum*, *Pleurozium schreberi* and *Aulacomium palustre*. The main vascular plant species in the ground flora are Bog-rosemary (*Andromeda polifolia*), Cranberry (*Vaccinium oxycoccos*), Bog-myrtle (*Vaccinium myrtillus*), Hare's-tail Cottongrass and Deergrass. Bog Woodland is of particular conservation importance and is listed with priority status on the E.U. Habitats Directive.

At St John's Wood, there is an interesting area of woodland that grows on cut-away peat. This is dominated by Downy Birch and Alder Buckthorn (*Frangula alnus*). The occurrence of the latter species in such abundance is unusual in Ireland.

Smaller lakes occur around the lake shore, especially on the east side, and these often have the full range of wetland habitats contained within and around them. A number of small rivers also pass through the site.

The site supports a number of rare plant species which are listed in the Irish Red Data Book. Alder Buckthorn and Bird Cherry (*Prunus padus*) are woodland components at St John's Wood and elsewhere. Narrow-leaved Helleborine (*Cephalanthera longifolia*) and Betony (*Stachys officinalis*), both of which are also legally protected under the Flora (Protection) Order, 1999, occur among the ground flora of Hare Island (where the former occurs in notable abundance). They also occur in a number of other woods. The stonewort *Chara tomentosa* is present in shallow water around the lake. The rare, though not legally protected, Marsh Pea (*Lathyrus palustris*) occurs on some of the callowland and in alluvial woodland at St John's Wood. The rare Myxomycete fungus, *Echinostelium colliculosum*, has been recorded from St John's Wood.

The lake itself contains one of only two populations in Ireland of the endangered fish species, Pollan (*Coregonus autumnalis*), which is genetically different from Continental European stock. The shrimp *Mysis relicta* (Class Crustacea) occurs in this lake and is a relict of the glacial period in Ireland.

Small flocks of Greenland White-fronted Goose, an Annex I species on the E.U. Birds Directive, use several areas of callowland around the lake in winter. An average spring count of 92 individuals was obtained for this species over the six seasons 1988/89 to 1993/94, indicating that Lough Ree is a nationally important site for the species. The following bird counts are derived from 6 counts during the period 1984/85 to 1986/87: nationally important populations of Golden Plover (1,350), an Annex I species; Wigeon (1,306); Teal (584); Tufted Duck (1,317) and Coot (798). Other winter visitors are Whooper Swan (32), an Annex I species, Mute Swan (91), Little Grebe (48), Cormorant (91), Mallard (362), Shoveler (40), Pochard (179), Goldeneye (97), Curlew (178), Lapwing (1,751) and Dunlin (48). The callowland is also used by Black-tailed Godwit and other species on migration.

Some of the lake islands provide nesting sites for Common Tern, a species listed on Annex I of the E.U. Birds Directive. The Lough Ree colony, 86 pairs in 1995, is estimated as one of the largest of this species on midland lakes. The lake also provides excellent breeding habitat for wildfowl, including Common Scoter (30-40 pairs), a rare breeding species listed as "Endangered" in the Red Data Book, and Tufted Duck (>200 pairs). The woodlands and scrub around the lake and on the islands are a stronghold of the Garden Warbler (74 territories in 1997), a bird species mainly confined to the Shannon lakes in Ireland.

There is a population of Otter around the lake. This species is listed in the Red Data Book as being threatened in Europe and is protected under Annex II of the E.U. Habitats Directive.

Land uses within the site include recreation in the form of cruiser hire, angling, camping, picnicking and shooting. Chalet accommodation occurs at a few locations around the lake. Low-intensity grazing occurs on dry and wet grassland around the shore, and some hay is made within the site. Some of these activities are damaging, but in a very localised way, and require careful planning. The main threat to the aquatic life in the lake comes from artificial enrichment of the waters by agricultural and domestic waste, and also by peat silt in suspension which is increasingly limiting the light penetration, and thus restricting aquatic flora to shallower waters. At present Lough Ree is less affected by eutrophication than Lough Derg.

Lough Ree and its adjacent habitats are of major ecological significance. Some of the woodlands around the lake are of excellent. St John's Wood is particularly important; it is one of the very few remaining ancient woodlands in Ireland. The lake itself is an excellent example of a mesotrophic to moderate-eutrophic system, supporting a rare fish species and a good diversity of breeding and wintering birds.